

## Letter to the Editor: "Biomechanical Stability of the Sacroiliac Joint With Differing Impact Configurations in a Synthetic Model"

Nick F.B. Kampkuiper, Femke F. Schröder, Edsko E.G. Hekman, Maaïke A. Koenrades and Jorm M. Nellensteijn

*Int J Spine Surg* 2023, 17 (1) 162-163

doi: <https://doi.org/10.14444/8360>

<https://www.ijssurgery.com/content/17/1/162>

This information is current as of July 27, 2024.

---

**Email Alerts** Receive free email-alerts when new articles cite this article. Sign up at:  
<http://ijssurgery.com/alerts>

## Letter to the Editor: “Biomechanical Stability of the Sacroiliac Joint With Differing Impact Configurations in a Synthetic Model”

NICK F.B. KAMPKUIPER, MSc<sup>1,2,3</sup>; FEMKE F. SCHRÖDER, PhD<sup>1,2,4</sup>; EDSKO E.G. HEKMAN, MSc<sup>4</sup>;  
MAAIKE A. KOENRADES, PhD<sup>2,5</sup>; AND JORM M. NELLENSTEIJN, MD<sup>1</sup>

<sup>1</sup>Department of Orthopedic Surgery, Medical Spectrum Twente, Enschede, The Netherlands; <sup>2</sup>Medical 3D Lab, Department of Medical Technology, Medical Spectrum Twente, Enschede, The Netherlands; <sup>3</sup>Technical Medicine, Faculty of Science and Technology, University of Twente, Enschede, The Netherlands; <sup>4</sup>Department of Biomechanical Engineering, Faculty of Engineering Technology, University of Twente, Enschede, The Netherlands; <sup>5</sup>Multi-Modality Medical Imaging Group, TechMed Centre, University of Twente, Enschede, The Netherlands

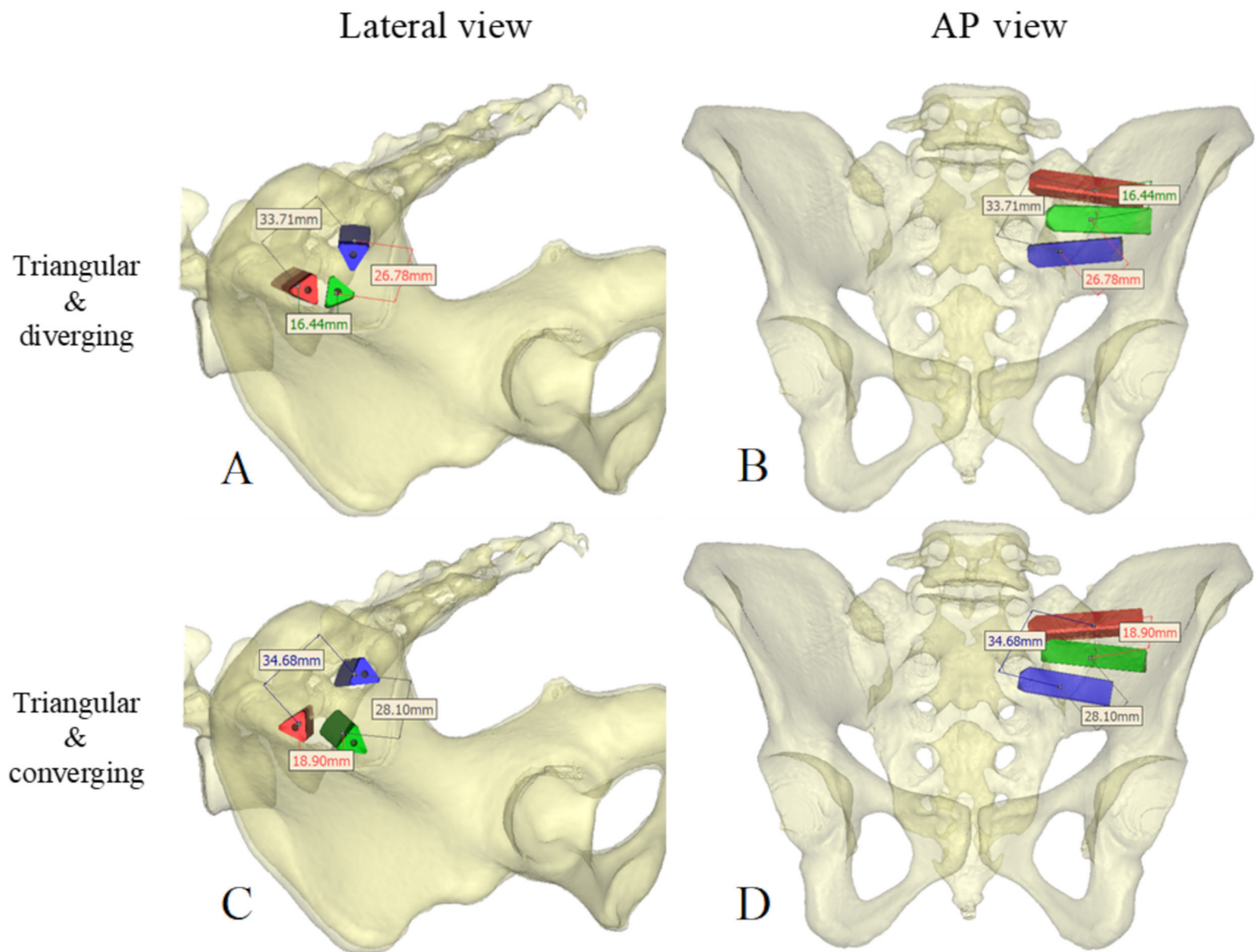
Dear Editor,

We read with interest the article entitled “Biomechanical Stability of the Sacroiliac Joint With Differing Implant Configurations in a Synthetic Model” by Andrew L. Freeman, Joan E. Bechtold, and David W. Polly, published in the *International Journal of Spine Surgery* in October 2021. First, we thank the authors for this informative in vitro analysis regarding optimal iFuse (SI-BONE, San Jose, CA) implant configuration for minimally invasive sacroiliac joint fusion. We have a few questions about other implant configurations that may achieve greater sacroiliac (SI) stability.

It is an interesting and valuable outcome that implant configurations with more spacing between the implants, a triangular pattern, or an angled (10° diverging) pattern resulted in a lower range of motion compared with the conventional linear configuration. Remarkably, the linear-angled 10° configuration is not superior to the triangular configuration with 22 mm space between implants. This indicates that spacing between the implants is the most essential component for stability. Consequently, combining these 2 patterns and changing the angles to an inward converging configuration might show even more superior outcomes. Unfortunately, this configuration was not described. Figure A and B show a triangular pattern with the peripheral implants placed with a diverging orientation. In Figure C and D, a similar triangular pattern is shown but with the implants placed in a converging transarticular orientation.

In the angled pattern described in the article, the peripheral implants are angled outward, which implies a diverging orientation. However, this will

most likely result in a smaller implant depth for the first implant due to the sacrum’s converging shape, while longer implant depths are proven to result in a more stable arthrodesis.<sup>1</sup> To obtain the most medial possible implant placement, that is, placing the implants as far as possible into the sacrum, it could be interesting to investigate a triangular implant pattern with a converging orientation to create a transarticular implant configuration. Such configuration can only safely be accomplished by using intraoperative guidance, such as intraoperative navigation as applied by Cleveland et al.<sup>2</sup> Previous studies by Lindsey et al<sup>1</sup> and Soriano-Baron et al<sup>3</sup> have demonstrated that a transarticular configuration reduces motion compared with an inline orientation. Furthermore, could it be that the combination of the triangular pattern with a converging orientation would create more spacing between the implants at the height of the SI joint gap? Although the theoretically lower bone density of the sacrum may have an adverse effect on a converging configuration, spacing between implants and implant depth is probably a more important component for a stable SI arthrodesis. As the authors have demonstrated, more spacing results in the most optimal outcome, that is, less range of motion. When, as we simulated, the implants are placed in a triangular pattern with a converging orientation instead of the diverging orientation, the spacing between implants at the level of the SI joint increases (see Figure). Furthermore, the implants were placed slightly deeper into the sacrum with the converging configuration. Therefore, we believe that a triangular and converging configuration can result in an even more stable SI arthrodesis.



**Figure.** Triangular configuration with peripheral implants angled in an outward direction (A and B) and a triangular configuration with implants angled inward (C and D). The distances are measured at the sacroiliac joint gap. The 3-dimensional bone models are based on a computed tomography image and were acquired using Materialise Mimics (Leuven, Belgium). AP, anteroposterior.

## REFERENCES

1. Lindsey DP, Kiapour A, Yerby SA, Goel VK. Sacroiliac joint stability: finite element analysis of implant number, orientation, and superior implant length. *World J Orthop.* 2018;9(3):14–23. doi:10.5312/wjo.v9.i3.14
2. Cleveland AW, Nhan DT, Akiyama M, Kleck CJ, Noshchenko A, Patel VV. Mini-open sacroiliac joint fusion with direct bone grafting and minimally invasive fixation using intraoperative navigation. *J Spine Surg.* 2019;5(1):31–37. doi:10.21037/jss.2019.01.04
3. Soriano-Baron H, Lindsey DP, Rodriguez-Martinez N, et al. The effect of implant placement on sacroiliac joint range of motion: posterior versus transarticular. *Spine (Phila Pa 1976).* 2015;40(9):E525–30. doi:10.1097/BRS.0000000000000839

**Funding:** The authors received no financial support for the research, authorship, and/or publication of this letter.

**Declaration of Conflicting Interests:** The authors report no conflicts of interest in this work.

**Disclosures:** All authors have nothing to disclose.

**Corresponding Author:** Nick F.B. Kampkuiper, Department of Orthopaedic Surgery & Medical 3D lab, Department of Medical Technology, Medical Spectrum Twente, Koningstraat 1, 7512KZ, The Netherlands; nick.kampkuiper@mst.nl

Published 21 September 2022

This manuscript is generously published free of charge by ISASS, the International Society for the Advancement of Spine Surgery. Copyright © 2023 ISASS. To see more or order reprints or permissions, see <http://ijssurgery.com>.